Varicose veins of lower extremities
Venous insufficiency/Reflux
Tachycardia
SVT
Sleep Disturbance
Sleep Apnea
Shortness of breath
PFO closure
Pacer defibrillator
Murmur
Lipid management
Murmur
Pacer defibrillator
Palpitations
PFO closure
Pre-op cardiovascular exam*
Shortness of breath
Sleep Apnea
Sleep Disturbance
SVT
Syncope & near syncope
Tachycardia
Valve disorders (mitral)
Valve disorders (aortic)
Venous insufficiency/Reflux
Varicose veins of lower extremities
Venous Stasis Ulcers

* ADDITIONAL PREOPERATIVE DIAGNOSIS NEEDED
APPOINTMENT REMINDERS

- Bring your insurance card with you.
- Bring a current list of your medications and all medication dosages (or medication bottles).
- If you are unable to keep the appointment, please provide a 24-hour notification.
- Please call St. David’s at (512) 341-6414 if you need to change your imaging appointment.
- To change your diagnostic procedure, please call your Austin Heart office location.
- You may drink small amounts of water. Consult your ordering physician about taking your medications prior to your test.

TEST INSTRUCTIONS

- **Echo**
  - Allow 1 to 1 ½ hours for the test. Wear two-piece clothing.
- **Stress Echo**
  - Allow 1 ½ hours for your study. Do not eat or drink 6 hours before your study. Wear two-piece clothing and comfortable athletic shoes.
- **EKG**
  - Allow 15 minutes for the appointment. Wear two-piece clothing.
- **Exercise Stress Test**
  - Allow 1 hour for the test. Wear two-piece clothing and comfortable walking shoes. You may have a light meal 1-2 hours prior to test. No caffeine or nicotine is allowed 6 hours prior to test.
- **PET**
  - Allow 1 hour for the test. No caffeine or nicotine is allowed 12 hours prior to test. You may not have anything to eat or drink for 6 hours prior to your test except for small amounts of water. Wear two-piece clothing and avoid metal on shirt/blouse such as snaps or jewelry. Consult ordering physician about your medications prior to test.
- **Nuclear Stress Test**
  - Allow 3-4 hours for the test. No caffeine or nicotine 12 hours prior to test and nothing to eat or drink 6 hours prior to your test. Small amounts of water are allowed. Consult ordering physician about your medications prior to test.
- **Holter Monitor**
  - Allow 30 minutes for instructions and hook-up. Wear two-piece clothing. You will not be able to shower while wearing the monitor. You will return monitor to office the next day.
- **Non-Looping/Looping Event Monitor**
  - Allow 30 minutes for instructions and hook-up. Wear two-piece clothing. A loose fitting top is preferred.

- **Venous/Arterial**
  - Allow 1 hour for the test. You should wear two-piece clothing with comfortable shoes.
- **Renal Abdominal/SMA/Celiac**
  - Allow 1 hour for the test. You should wear two-piece clothing and not eat or drink anything 6 hours prior to test.